



The
REASONS
to go on **LIVING**
Project

thereasons.ca

Have you attempted suicide? Did you choose life?

If you answered "yes" to both questions, we hope you will help us with our research for The Reasons to go on Living Project.

This project is dedicated to learning how people who once attempted suicide have chosen to go on living. We are collecting these stories anonymously through our website: www.thereasons.ca.

In the medical profession, we do not understand the process of transition from wanting to die to wanting to live. It is a difficult area to research, since people need to share their innermost thoughts and feelings, but it is critical to improving care for people who are suicidal.

**Please visit thereasons.ca
for more information and
to share your story.**

We hope that by studying the stories the Project is gathering, we will be able to develop better ways to help people who are suicidal. The Project will help professionals who treat people who make a suicide attempt and will also offer public education and support by sharing some of the stories received.

If you have such a story, we hope you will share it with us. We need your story to make The Reasons to go on Living Project a success.

Your privacy is guaranteed and your help will be invaluable.

Thank you.



Jennifer Brasch, MD

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Healthcare  Hamilton

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This research and education project has been approved by the Research Ethics Board, St. Joseph's Healthcare, Hamilton, Ontario. Project leads are Jennifer Brasch, MD and Helen Kirkpatrick, RN, MScN, MEd, PhD, both of McMaster University, Hamilton, Ontario. Consent form and more information at thereasons.ca